TCU Campus Rec – Massage Therapy Chair Massage To-Go

Chair massages can be scheduled anywhere on TCU's campus.

Requests should be made at least 2 weeks in advance.

• Contact Ryan Keller at <u>r.keller@tcu.edu</u> or 7061

There is a 2-hour minimum for chair massages

The cost is \$90/hour, per therapist.

Availability is based on the therapists' schedules, and all events should end by 8:00 pm at the latest (start time of 6:00 pm or earlier).

An invoice will be created and emailed to the main point of contact. Invoices can be paid by check, cash, credit, or departmental funds transfer.

We will need the following information:

- Name and contact information for main point of contact
- Date and time of event request
- Exact location of event
 - Building and room number

To prepare for the event

- Create a sign-up sheet for individuals in your department or organization
 - o Sample sheet for 5- and 10-minute appointments are available
 - Sign-up sheets will help the therapist stay on schedule
- Reserve a space for the therapist to set up a massage chair and supplies
 - At least an 8'x8' space
 - Ability to close a door and dim lights is preferred (added privacy)
- Tips for the therapist are welcome, but not required